

**EXPLORING PSYCHOLOGICAL FACTORS AFFECTING ENGLISH
SPEAKING PERFORMANCE FACED BY GEN Z**

THESIS

Submitted as Partial Fulfill to Get Undergraduate (S1) Degree of
English Language Education

By

Barotut Taqiyah

3120200177

UNUGIRI

ENGLISH EDUCATION STUDY PROGRAM

FACULTY OF TEACHER TRAINING AND EDUCATION

UNIVERSITY OF NAHDLATUL ULAMA SUNAN GIRI

2024

PRONOUNCEMENT

PRONOUNCEMENT

Name : Barotut Taqiyah
NIM : 3120200177
Study Program : English Language Education
Faculty : Faculty of Teacher Training and Education

I hereby sincerely state that the thesis entitled "Exploring Psychological Factors Affecting English Speaking Performance Faced By Gen Z" is my real masterpiece. The things out of masterpiece in this thesis are my signed by citation and referred in the references. If later proven that my thesis has discrepancies, I am willing to take the academic sections in the form of repealing my thesis and academic degree.

Bojonegoro, 11 July 2024

State by



Barotut Taqiyah

3120200177

UNUGIRI

APPROVAL SHEET

APPROVAL SHEET

After reading thoroughly and giving necessary advice, herewith, as the advisors, we state that thesis of:

Name : Barotut Taqiyah

NIM : 3120200177

Title : Exploring Psychological Factors Affecting English Speaking Performance Faced By Gen Z.

Has already fulfilled the requirement to be presented to the Board of examiners to gain bachelor degree in English Education.

Bojonegoro, 11 July 2024

Advisor I



IIN WIDYA LESTARI, M.Pd.

NIDN. 0716118901

Advisor II



UNUGIRI

AINU ZUMRUDIANA, M.Pd.

NIDN.0722128605

APPROVAL SHEET

APPROVAL SHEET

The thesis entitled "Exploring Psychological Factors Affecting English Speaking Performance Faced By Gen Z in Speaking Community" was written by Barotut Taqiyah. The thesis has been approved by the Board of Examiners and declared to have fulfilled the requirement for a bachelor's degree in English Education.

The thesis was approved by the Board of thesis examiners on 10th July, 2024.

Examiner I

Advisor I

Dr. Ahmad Tauchid, S.S., M.Pd.
NIDN. 0726078701

Iin Widya Lestari, M.Pd.
NIDN. 0716118901

Examiner II

Advisor II

Dr. H. M. Ridlwan Hambali, Lc., M.A
NIDN. 2117056803

Ainu Zumrudiana, M.Pd
NIDN.0722128605

Dean of Faculty Teacher Training
and Education

Head of English Education Department

Asrid Chandra Sari, M. Pd.
NIDN. 0721059101

AINU ZUMRUDIANA, M. Pd.
NIDN. 0722128605

MOTTO

“Bersungguh-sungguhlah dan janganlah bermalas-malasan, dan jangan lengah, karena penyesalan itu bagi orang yang bermalas-malasan”



This thesis is dedicated with love and grateful heart to my beloved husband (Sadid), daughter (Salma) and parents (Muslim and Musri'ah), my little brother, all of my family, and all of my friends who always support, love, and motivate me under any circumstances

ACKNOWLEDGEMENT

Praise be to Allah SWT because of His Grace, Guidance, and Grace to all of us so that the researcher is able to finishing the thesis entitled " Exploring Psychological Factors Affecting English Speaking Performance Faced By Gen Z ". This thesis was prepared of the requirements in the Bachelor's degree program in the English Education Study Program, Faculty of Teaching and Education, Nahdhatul Ulama Sunan Giri University.

The researcher realizes that the preparation of this thesis will not be completed without the help of various parties. Therefore, on this occasion the researcher would like to thank:

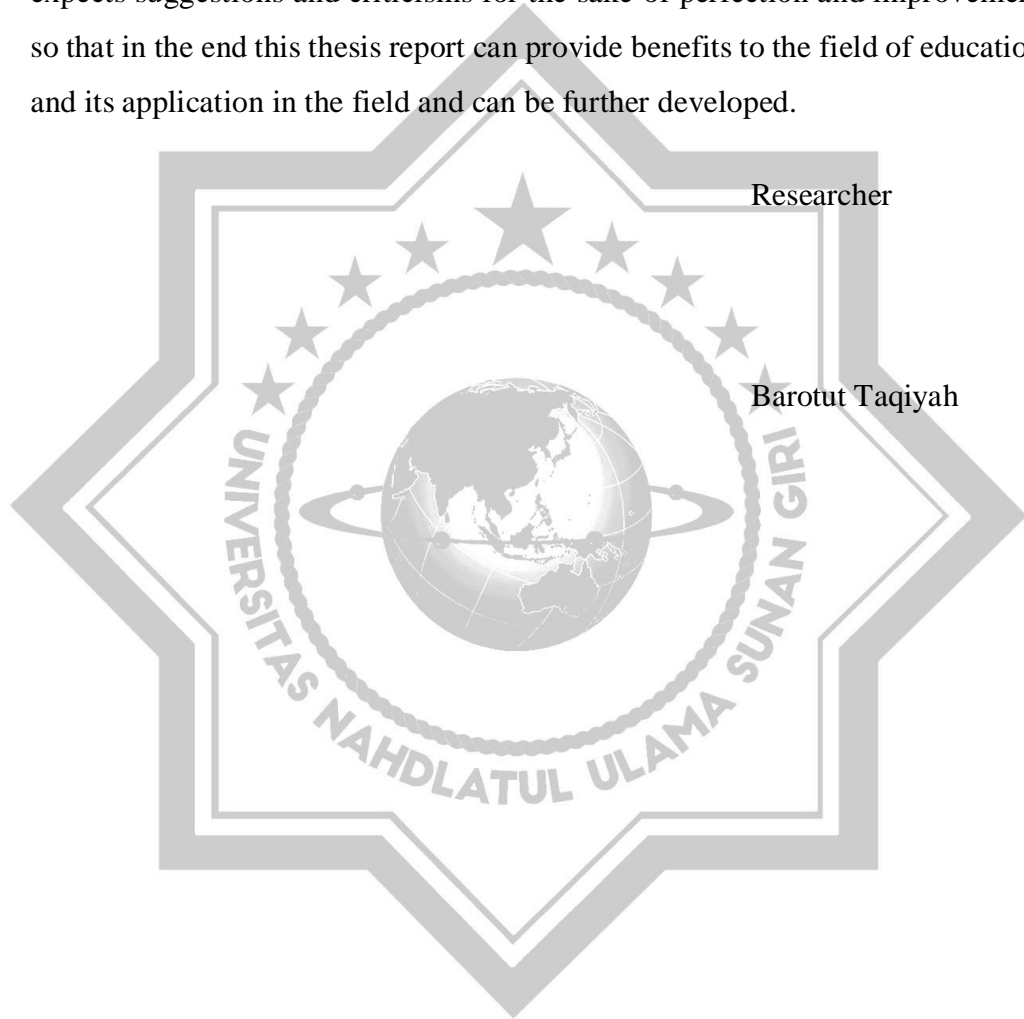
1. Mr. Dr. H. Yogi Prana Izza, Lc., M.A. as the (PLT) Rector of Nahdhatul Ulama Sunan Giri University along with all levels of the rectorate.
2. Mrs. Astrid Chandra Sari, M.Pd. as the Dean of the Teaching and Education Faculty, Nahdhatul Ulama Sunan Giri University
3. Mrs. AINU ZUMRUDIANA, M.Pd. As the Head of the English Language Education Study Program, Faculty of Teacher Training and Education, Nahdhatul Ulama Sunan Giri University.
4. Mr. Moh. Zainuddin, M.Pd. as the Academic Advisor for the guidance, advice and motivation that is always given.
5. Mrs. Iin Widya Lestari. M.Pd. As Advisor 1 and Ms. AINU ZUMRUDIANA, M.Pd. as Advisor 2 who always provides guidance, direction, and motivation so that the preparation of this thesis can be completed properly.
6. All Lecturers of the English Education Study Program at Nahdhatul Ulama Sunan Giri University who have provided their knowledge to the researcher.
7. The researcher's comrades in the English Language Education Study Program, especially the PBI Class, which has become a place for the researcher to learn, share, give encouragement to one another and always remind. Thank you also for your cooperation.

8. As well as all friends, relatives and various parties who have supported and provided assistance to the researcher in any form to be able to complete the preparation of this thesis.

The researcher realizes that this thesis is not without flaws. The researcher expects suggestions and criticisms for the sake of perfection and improvement so that in the end this thesis report can provide benefits to the field of education and its application in the field and can be further developed.

Researcher

Barotut Taqiyah



UNUGIRI

ABSTRACT

Taqiyah, Barotut. 2024. Exploring Psychological Factors Affecting English Speaking Performance Faced By Gen Z. Thesis. English Education Study Program. Faculty Of Teacher Training And Education. University Of Nahdhatul Ulama Sunan Giri. Guided by Iin Widya Lestari, M. Pd, Ainu Zumrudiana, M. Pd and Mr. Dr. Ahmad Tauchid,SS, M.Pd.

Psychological factors significantly impact the English-speaking abilities of Generation Z. This study investigates the challenges and opportunities they encounter in improving their English proficiency within English-speaking communities. The research focuses on understanding how factors like anxiety, motivation, and self-confidence influence their English speaking performance. Data collection involved surveys, questionnaires and interview with Generation Z individuals enrolled in the choice English course. Both quantitative and qualitative analyses were employed to assess these psychological factors and their interaction with the environment's influence on English proficiency. The findings highlight that fear of public speaking and low self-confidence pose significant hurdles to effective English communication. However, a supportive environment and opportunities for regular practice within English-speaking communities can notably enhance individuals' speaking skills. Addressing psychological barriers and capitalizing on community opportunities are crucial for improving overall English-speaking performance among Generation Z.

UNUGIRI

Keywords : *Psychological Factors, English Speaking Performance, Obstacles Opportunities, Impact, English Speaking Community, Gen Z*

ABSTRAK

Taqiyah, Barotut. 2024. Exploring Psychological Factors Performance Affecting English Speaking Performance Faced By Gen Z. Thesis. Jurusan pendidikan bahasa inggris, fakultas keguruan dan ilmu pendidikan, Universitas Nahdhatul Ulama Sunan Giri. Pembimbing utama Iin Widya Lestari, M. Pd, AINU ZUMRUDIANA, M. Pd and Mr. Dr. Ahmad Tauchid, SS, M.Pd.

Faktor psikologis sangat mempengaruhi kemampuan Generasi Z dalam berbicara bahasa inggris. Penelitian ini mengeksplorasi hambatan dan peluang yang dihadapi mereka dalam meningkatkan keterampilan berbicara inggris di komunitas berbahasa inggris. Tujuan penelitian ini adalah untuk meneliti dampak faktor psikologis seperti kecemasan, motivasi, dan rasa percaya diri terhadap kinerja berbicara bahasa inggris. Data dikumpulkan melalui survei, kuisisioner dan wawancara dengan Generasi Z di Choice English Course. Analisis kuantitatif dan kualitatif digunakan untuk mengevaluasi hubungan antara faktor psikologis tersebut dan pengaruh lingkungan terhadap keterampilan berbicara bahasa inggris. Studi menunjukkan bahwa kecemasan berbicara didepan umum dan kurangnya rasa percaya diri adalah hambatan utama dalam berbicara bahasa inggris. Namun, dukungan dari lingkungan dan kesempatan untuk berlatih secara teratur dalam komunitas berbahasa inggris dapat secara signifikan meningkatkan kemampuan berbicara individu. Mengatasi hambatan psikologis dan memanfaatkan peluang dalam komunitas berbahasa inggris dapat meningkatkan kinerja berbicara bahasa inggris secara efektif

Kata kunci : Faktor Psikologis, Kinerja Berbicara Dalam Bahasa Inggris, Hambatan, Peluang, Dampak, Komunitas Berbahasa Inggris, Gen Z

TABLE OF CONTENT

COVER	i
COVER (INNER)	ii
PRONOUNCEMENT	iii
APPROVAL SHEET	iv
MOTTO.....	v
ACKNOWLEDGEMENT.....	vii
ABSTRACT	ix
ABSTRAK	x
DAFTAR ISI.....	xi
DAFTAR TABEL.....	xiii
DAFTAR GAMBAR.....	xiv
DAFTAR LAMPIRAN.....	xv
CHAPTER I.....	1
INTRODUCTION	1
1.1 Background of the Study.....	1
1.2 Research Question	6
1.3 Objective of the Research	6
1.4 Scop and Limits of the Research	6
1.5 Significance of the Research.....	7
1.6 Definition of Key Terms	8
CHAPTER II	9
LITERATURE REVIEW.....	9
2.1 Review of Related Literature	9
2.1.1 The Definition of Speaking	9
2.1.2 The Importance of Speaking	10
2.1.3 Function of Speaking.....	10
2.1.4 Speaking Components.....	11
2.1.5 Aspect of Speaking Performance.....	13
2.1.6 Types of Spaking Performance.....	16
2.1.7 Factors Affecting Speaking Performance.....	17
2.1.8 Speaking Problems	20
2.1.9 Psychological Factors	22
2.1.10 Psychological Factors Impacting Speaking Performance	24
2.1.11 Community of Practice (CoP)	27

2.1.12 English Speaking Community	28
2.1.13 Speaking Activities Used in English Speaking Community in Enhancing English Speaking Performance	30
2.1.14 Generation Z.....	31
2.1.15 Generation Z's Characteristics.....	32
2.2 Review of Previous Studies.....	33
2.3 Theoretical Framework	36
CHAPTER III.....	38
RESEARCH METHOD.....	38
3.1 Research Design	38
3.2 Research Subject and Setting	38
3.3 Data Collection Technique.....	40
3.4 Data Analysis Technique	41
3.5 Validation of Research Data.....	42
CHAPTER IV.....	44
FINDINGS AND DISCUSSIONS.....	44
4.1 Findings.....	44
4.1.1 Data Descriptions	44
4.2 DISCUSSION	70
4.2.1 Anxiety.....	70
4.2.2 Motivation.....	70
4.2.3 Self-esteem.....	70
4.2.4 Peer Influence.....	71
4.2.5 Obstacles in Enhancing Engling Speaking Performance.....	71
4.2.6 Opportunities in Enhancing English Speaking Performance in the English Speaking Community.....	71
4.2.7 Impact of Joining English-Speaking Community on English Speaking Performance.....	72
CHAPTER V.....	73
CONCLUSIONS AND SUGGESTIONS	73
5.1 Conclusion	73
5.2 Suggestion.....	73
REFERENCES	75
APPENDIX	79

LIST OF TABELS

Table 4. 1 Questionnaire Results on Anxiety	46
Table 4. 2 Questionnaire Results on Motivation.....	50
Table 4. 3 Questionnaire Results on Self-esteem.....	52
Table 4. 4 Questionnaire Results on Peer Influence.....	54
Table 4. 5 Questionnaire Results on Obstacles.....	58
Table 4. 6 Questionnaire Results on Obstacles.....	61
Table 4. 7 Questionnaire Results on the Impact of English Speaking Community.....	64



UNUGIRI

LIST OF FIGURE

Figure 2. 1 Conceptual Framework.....	36
Figure 2. 2 Data Analysis Technique.....	41



LIST OF APPENDICES

Part 1 Questionnaires79



UNUGIRI