

CHAPTER V

CONCLUSION AND SUGGESTION

A. Conclusion

Researchers have concluded that speech anxiety exists among second-graders in high school based on the findings in chapter four. That is, over half of the respondents, or roughly 46%, had a high level of worry. The next highest level of anxiety was reported by students, at 35.5%, while the lowest amount was reported by the general respondents, at 11.25%.

The study found a few strategies that students employed to lessen their speaking performance nervousness. These include getting ready, unwinding, thinking positively, seeking out peers, and giving up. The second-grade pupils' preferred method for reducing their worry is through relaxation and positive thinking.

B. Suggestion

Based on the findings of the study, the researcher would like to make the following recommendations:

1. For the students

Students who claim to be learning to speak English are urged to talk in class without any fear. Before giving their presentation or speaking performance, students should practice. When speaking English, they must be aware of their own anxieties. Students should make an effort to study hard and form an accurate understanding of the themes that would be learned when the teacher presents themes about the subject matter on the spot during the teaching-learning process. Make it easy for students to speak in front of the class because they have more to say. Additionally, they need to

be self-assured and unafraid of making mistakes when speaking English. Students who are anxious about speaking performances should learn more and employ certain coping mechanisms.

2. For other Researcher

Furthermore, there are other researchers who would like to carried out a related investigation. For them to support the study, they possibly use this research as a reference. The researcher hopes to do better study in the future and to continue this research.

