

CHAPTER V

CONCLUSION AND SUGGESTION

In this final section, we draw some final conclusions and provide some final recommendations for data analysis based on the findings and discussion for data analysis

5.1 Conclusion

Based on what was found and talked about in the last chapter, the researcher came to the conclusion that there were three ways for different students to get over their English anxiety: stay calm before speaking in front of the class, take small notes before speaking in front of the class, and try to act like no one is looking at him while speaking in front of the class. practicing in front of the mirror, practicing with classmates, and practicing in front of the class.

And there are five things that make students nervous when they speak English. The first thing that makes students most nervous is the fear of making mistakes when they have a low opinion of their English skills and are afraid of doing something wrong. Two out of every ten students go through it. The second factor is that two of the students have trouble speaking because they don't have enough words in their vocabulary to make language. Third, students have a hard time believing in themselves. Most of the students are nervous because they don't feel sure about their speaking skills. The fourth is that it happened to two students' friends or classmates. Students worry when they have friends who don't help them. The type of anxiety that students feel is the least important factor.

5.2 Suggestion

Based on the aforementioned findings, the researcher would like to make the following recommendations:

1. When speaking, the teacher should identify anxious students and treat them based on their type of anxiety. Teachers should also be able to create an environment conducive to discussion and anxiety reduction so that students feel comfortable speaking in class.
2. Students who suffer anxiety must develop their own coping mechanisms. They should approach their teacher for assistance or discuss their difficulties with communicating with their peers. They must develop confidence and speak in front of their peers or the whole public.
3. This thesis could serve as an additional reference for their future studies.

UNUGIRI



UNUGIRI